

Lecture 10

Buffer Overflows

CS213 – Intro to Computer Systems
Branden Gena – Winter 2024

Slides adapted from:

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Administrivia

- Continue work on Bomb Lab
- Homework 3 is out now
 - Due on Thursday, February 15th
- Attack Lab will go out sometime tonight or tomorrow
 - Due on Thursday, February 22nd

Today's Goals

- Introduce the domain of Computer Security
- Understand buffer overflows and return-oriented programming
 - What enables them
 - How they are used
 - How to protect against them

Why is computer security so important?

- Most public security happens at least in some portion on the honor system
 - Pretty easy to break a window
 - Keyed locks are easy to pick
 - Master keys can be determined and manufactured ([Matt Blaze attack](#))
 - Laws apply after you've done it



Early computers didn't have any security either

- Simple machines for doing computation do not have private files or contention
- Sometimes there were multiple users, but all were employees of the same company
 - Permissions needed to be as secure as a file in a locked drawer on a desk

“The act of breaking into a computer system has to have the same social stigma as breaking into a neighbor's house. It should not matter that the neighbor's door is unlocked.”

- Ken Thompson, Turing Award Lecture, 1984



Connectivity of computers makes security a top concern

- Security of physical items is dependent on the fact that only one person can possess a thing at a time
 - And it's usually obvious when theft occurs
 - Not the case for private information on a computer!
- The internet makes security incredibly important
 - Usually not people breaking into computers manually, one at a time
 - Instead, it is computers breaking into computers by means of scripting
 - And you can access a computer from anywhere on Earth
- Breaking into or controlling one car is a crime
 - Controlling 100,000 cars remotely is a problem for the manufacturer

Outline

- **Buffer Overflows**
- Protecting Against Buffer Overflows
- Return-Oriented Programming
- Protecting Against Return-Oriented Programming

Memory Referencing Bug Example

```
typedef struct {
    int a[2];
    double d;
} struct_t;

double fun(int i) {
    volatile struct_t s; // volatile ≈ don't optimize this away
    s.d = 3.14;
    s.a[i] = 1073741824; // Possibly out of bounds
    return s.d;
}
```

```
fun(0)    ↻    3.14
fun(1)    ↻    3.14
fun(2)    ↻    3.13999998664856
fun(3)    ↻    2.000000061035156
fun(4)    ↻    3.14
fun(5)    ↻    3.14
fun(6)    ↻    Segmentation fault (core dumped)
```

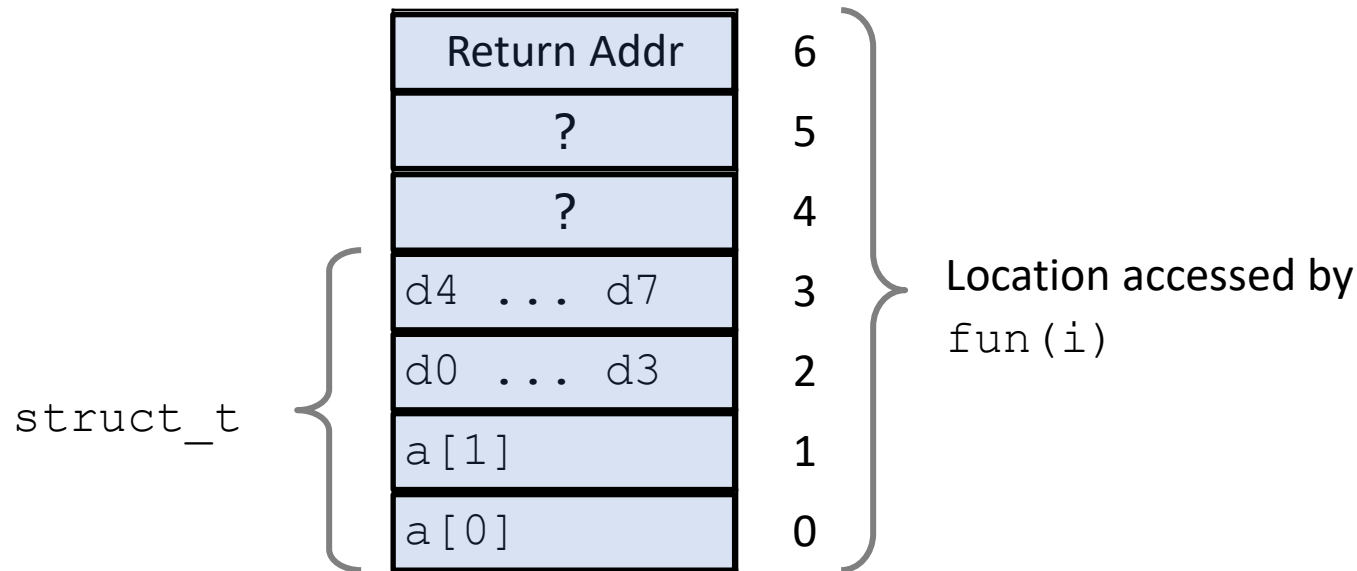
- Abuses undefined behavior
- Result is system specific

Memory Referencing Bug Example

```
typedef struct {  
    int a[2];  
    double d;  
} struct_t;
```

fun(0)	↻	3.14
fun(1)	↻	3.14
fun(2)	↻	3.1399998664856
fun(3)	↻	2.00000061035156
fun(4)	↻	3.14
fun(5)	↻	3.14
fun(6)	↻	Segmentation fault

Explanation:




Such problems are a ***BIG*** deal

- Generally called a “buffer overflow”
 - Going past end of memory allocated for an array (AKA buffer)
- Why is it a big deal?
 - #1 ***technical*** cause of security vulnerabilities
 - (#1 overall cause is social engineering)
- Most common form:
 - Unchecked lengths on string inputs
 - Particularly with character arrays on the stack
 - Sometimes referred to as “stack smashing”

String library code

- Implementation of Unix function `gets`
 - No way to specify limit on number of characters to read

```
/* Get string from stdin */
char *gets(char *dest)
{
    int c = getchar();
    char *p = dest;
    while (c != EOF && c != '\n') {
        *p++ = c;
        c = getchar();
    }
    *p = '\0';
    return dest;
}
```



- Similar problems with other Unix functions
 - `strcpy`, `strcat`: Copies string of arbitrary length
 - `scanf`, `fscanf`, `sscanf`, when given `%s` specifier

Vulnerable buffer code


```
int main(){
    printf("Type a string:");
    call_echo();
    return 0;
}
```

```
void call_echo() {
    echo();
}
```

```
/* Prints whatever is read */
void echo(){
    char buf[4]; /* Way too small! */
    gets(buf);
    puts(buf);
}
```

```
unix>./bufdemo-nsp
Type a string:012
012
```

```
unix>./bufdemo-nsp
Type a string: 00001111222233334444555
00001111222233334444555
```



Much more than 4 characters!

```
unix>./bufdemo-nsp
Type a string: 0000111122223333444455556
Segmentation Fault
```

Buffer Overflow Disassembly

echo:

```
00000000004006cf <echo>:
4006cf: 48 83 ec 18          sub     $24,%rsp
4006d3: 48 89 e7            mov     %rsp,%rdi
4006d6: e8 a5 ff ff ff     callq  400680 <gets>
4006db: 48 89 e7            mov     %rsp,%rdi
4006de: e8 3d fe ff ff     callq  400520 <puts@plt>
4006e3: 48 83 c4 18        add     $24,%rsp
4006e7: c3                 retq
```

Sidebar: the compiler is optimizing here to use 8-byte alignment instead of 16-byte.

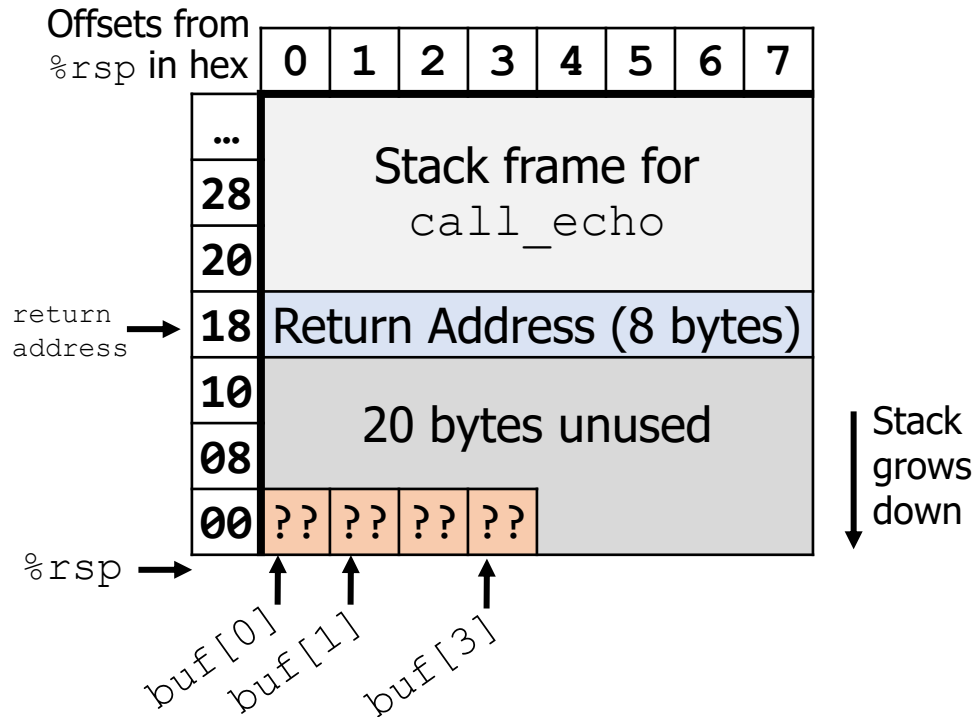
It knows no function this calls needs 16-byte alignment.

call_echo:

```
00000000004006e8 <call_echo>:
4006e8: 48 83 ec 08        sub     $8,%rsp
4006ec: b8 00 00 00 00     mov     $0,%eax
4006f1: e8 d9 ff ff ff     callq  4006cf <echo>
4006f6: 48 83 c4 08        add     $8,%rsp
4006fa: c3                 retq
```

Buffer Overflow Stack

After call to gets

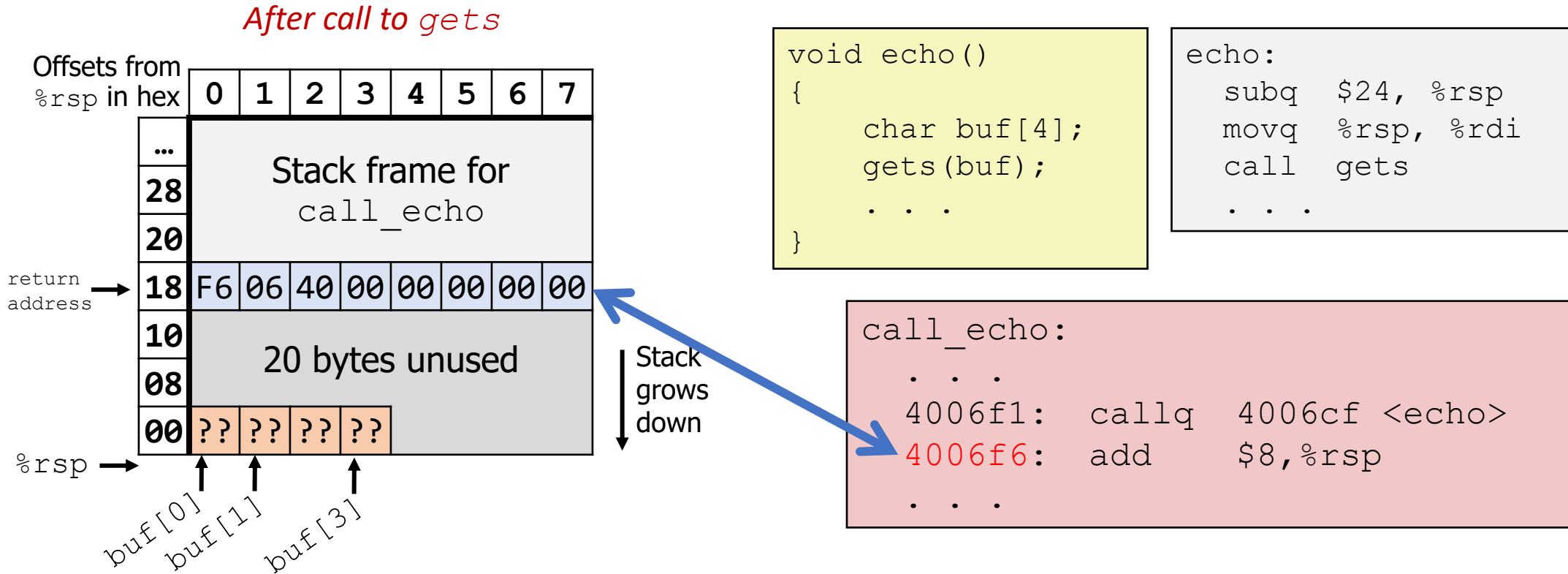


```
void echo()  
{  
    char buf[4];  
    gets(buf);  
    . . .  
}
```

```
echo:  
    subq $24, %rsp  
    movq %rsp, %rdi  
    call gets  
    . . .
```

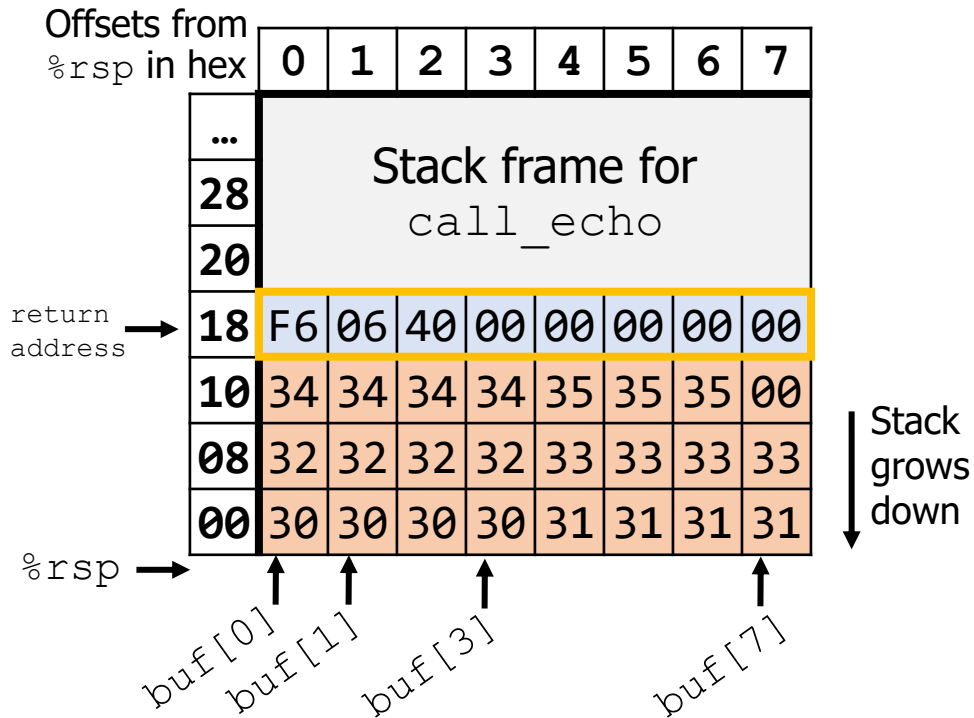
```
call_echo:  
    . . .  
4006f1: callq 4006cf <echo>  
4006f6: add $8, %rsp  
    . . .
```

Buffer Overflow Stack Example



Buffer Overflow Stack Example #1

After call to gets



```
void echo()
{
    char buf[4];
    gets(buf);
    . . .
}
```

```
echo:
    subq $24, %rsp
    movq %rsp, %rdi
    call gets
    . . .
```

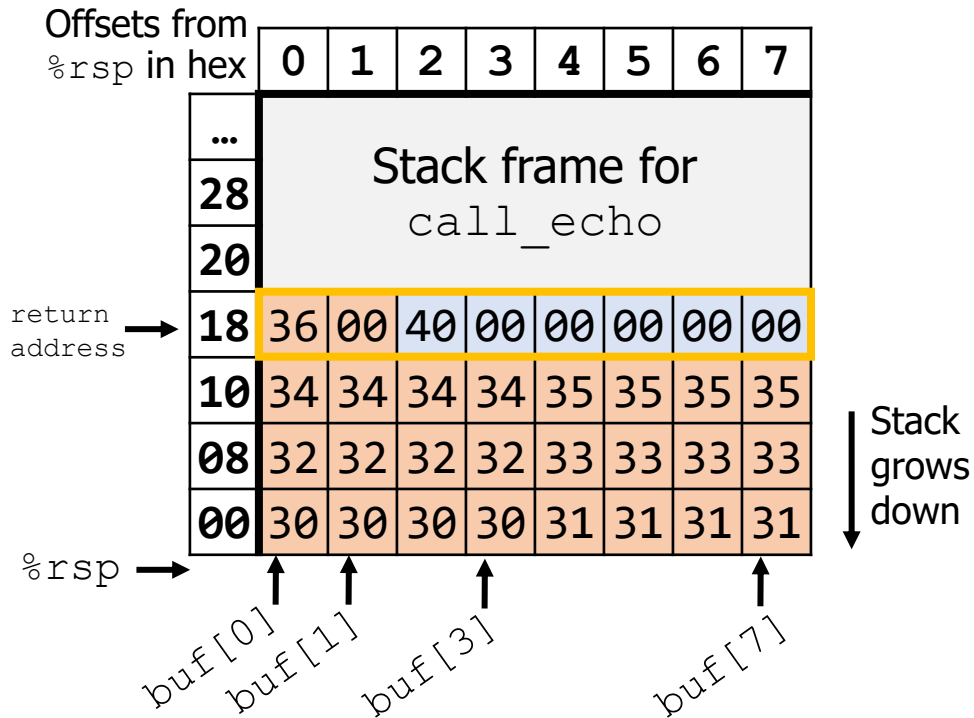
```
call_echo:
    . . .
4006f1: callq 4006cf <echo>
4006f6: add $8, %rsp
    . . .
```

```
unix> ./bufdemo-nsp
Type a string: 00001111222233334444555
00001111222233334444555
```

Overflowed buffer, but did not corrupt state

Buffer Overflow Stack Example #2

After call to gets



```
void echo()
{
    char buf[4];
    gets(buf);
    . . .
}
```

```
echo:
    subq $24, %rsp
    movq %rsp, %rdi
    call gets
    . . .
```

```
call_echo:
    . . .
    4006f1: callq 4006cf <echo>
    4006f6: add $8, %rsp
    . . .
```

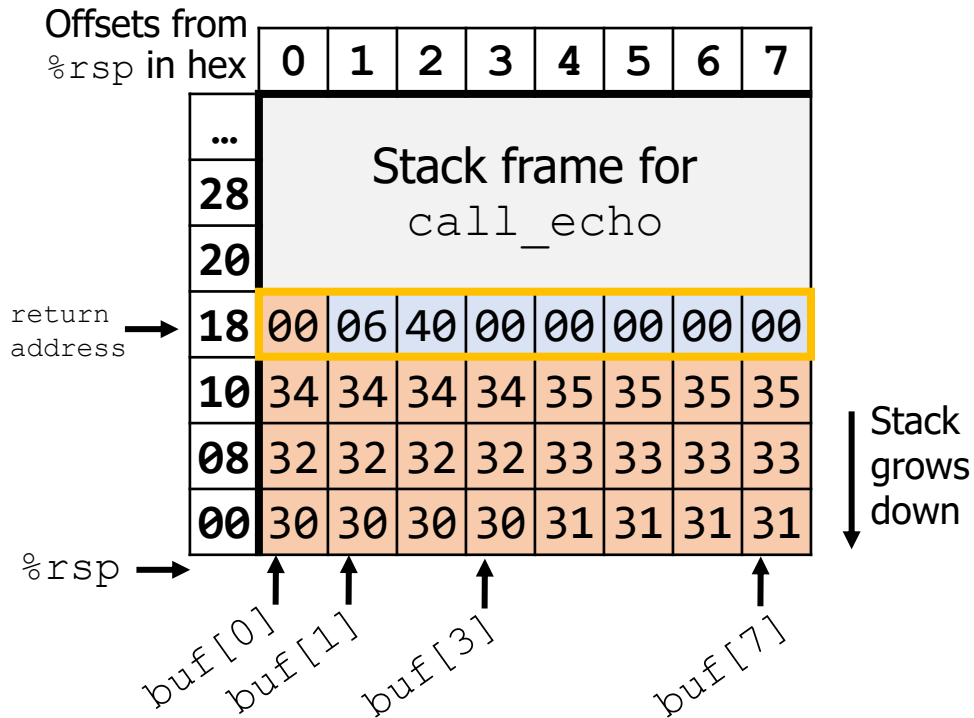
Is it a string?
Is it an address?
Depends on context!

```
unix> ./bufdemo-nsp
Type a string: 0000111122223333444455556
Segmentation Fault
```

Overflowed buffer and corrupted return address. Could point to unmapped memory, etc.

Buffer Overflow Stack Example #3

After call to gets



```
void echo()
{
    char buf[4];
    gets(buf);
    . . .
}
```

```
echo:
    subq $24, %rsp
    movq %rsp, %rdi
    call gets
    . . .
```

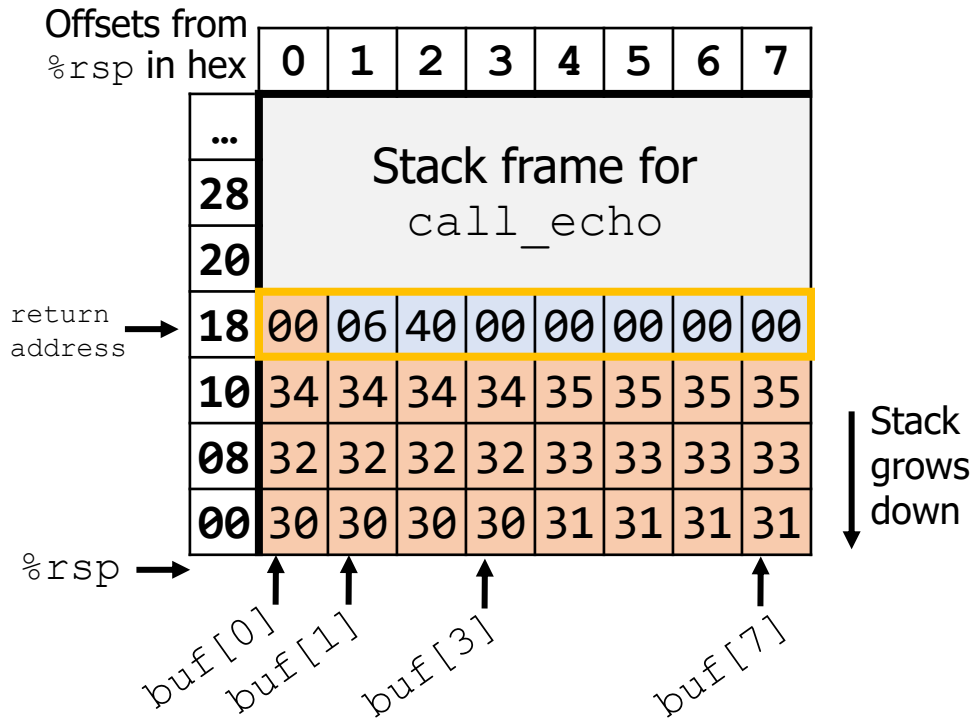
```
call_echo:
    . . .
    4006f1: callq 4006cf <echo>
    4006f6: add $8, %rsp
    . . .
```

```
unix> ./bufdemo-nsp
Type a string: 000011112222333344445555
000011112222333344445555
```

Overflowed buffer, corrupted return address, but program *seems* to work! Latent bug!

Buffer Overflow Stack Example #3 Explained

After call to gets



```
register_tm_clones:
. . .
400600: mov    %rsp,%rbp
400603: mov    %rax,%rdx
400606: shr   $0x3f,%rdx
40060a: add   %rdx,%rax
40060d: sar   %rax
400610: jne   400614
400612: pop   %rbp
400613: retq
```

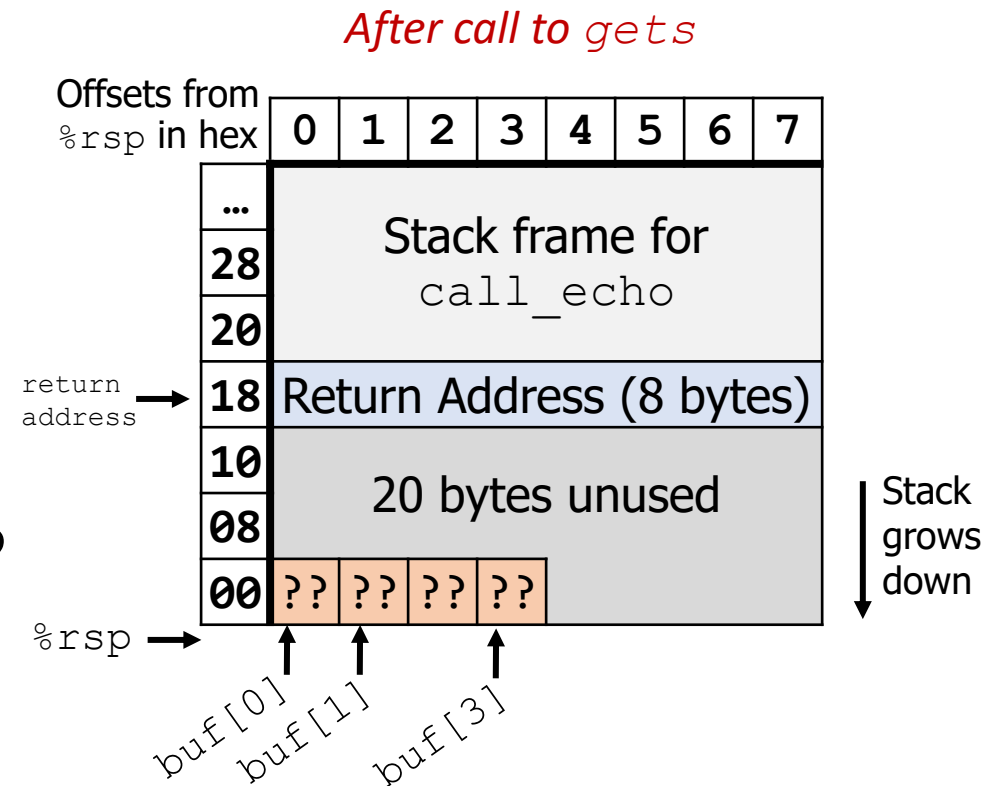
“Returns” to unrelated code

Lots of things happen, without modifying critical state

Eventually executes `retq` back to `main` as if nothing happened...

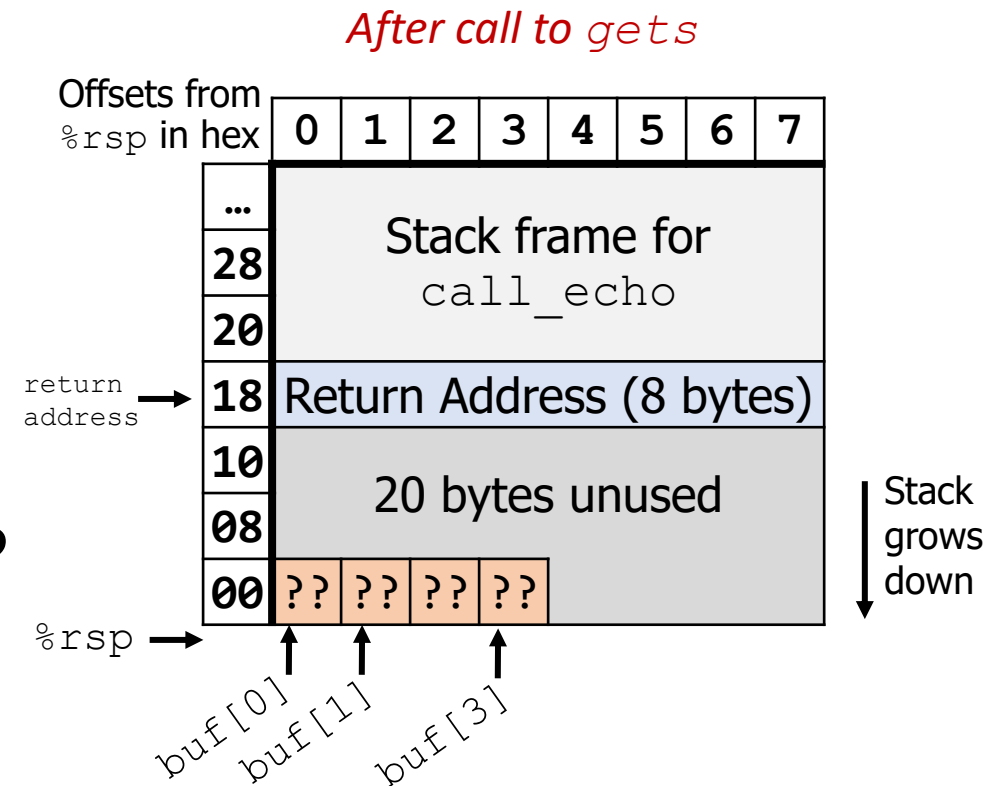
Break + Question

- Generally: How many bytes must be written to corrupt the return address? (assume `char buf[4];`)
- Is the answer the same for all programs?
- Is it the same each time the code runs?

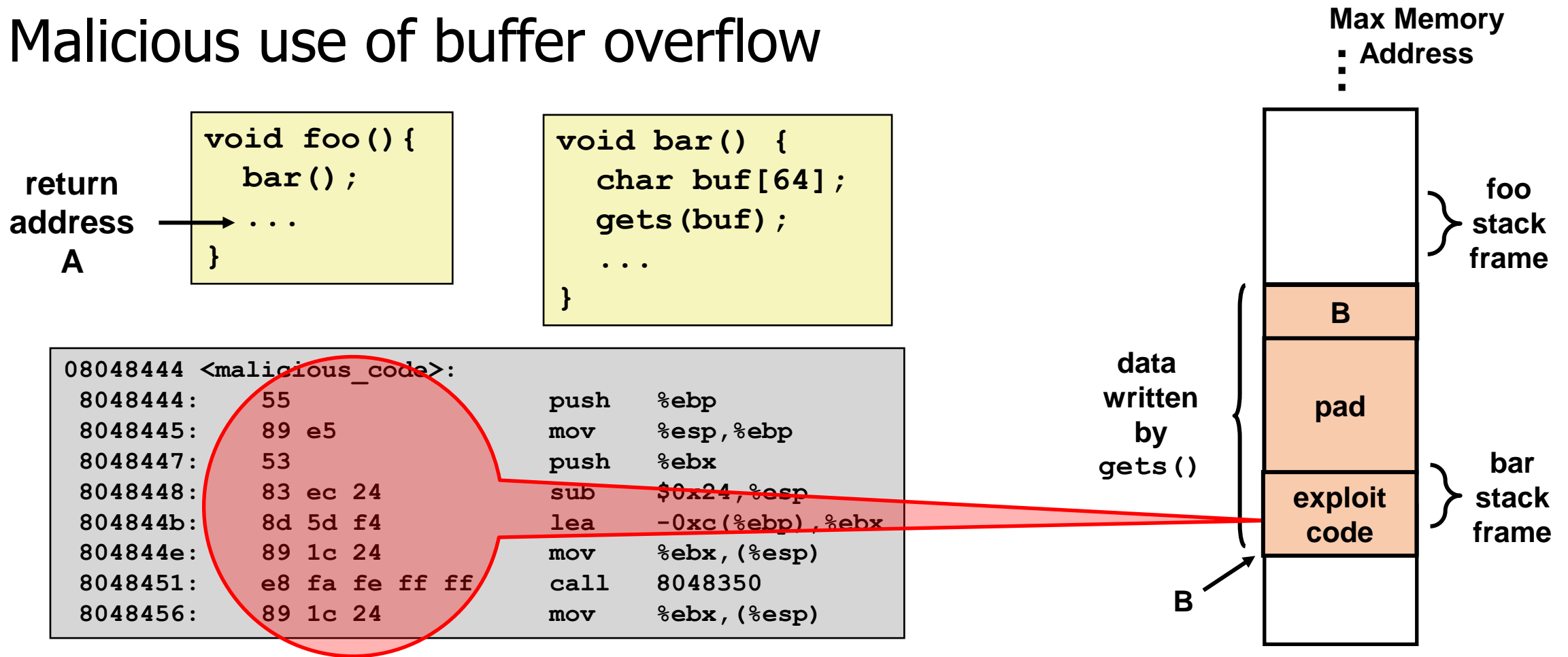


Break + Question

- Generally: How many bytes must be written to corrupt the return address? (assume `char buf[4];`) -> 25 bytes
- Is the answer the same for all programs?
 - No! Depends how much stack space the function uses
- Is it the same each time the code runs?
 - Almost certainly yes. Functions usually use the same amount of stack space each time



Malicious use of buffer overflow



- Input string contains binary representation of executable code
- Overwrite return address with address of buffer
- When `bar()` returns, where do we go?
 - Into the beginning of `malicious_code` on the stack! 🤖

Exploits based on buffer overflows

- Buffer overflow bugs can allow remote machines to execute arbitrary code on victim machines
- Distressingly common in real programs
 - Programmers keep making the same mistakes 😭
 - Recent measures make these attacks much more difficult
- Examples across the decades
 - Original “Internet worm” (1988)
 - Attacked `fingerd` server, replicated itself across the internet
 - Stuxnet (2010)
 - Attack on Iran nuclear program, malicious code destroyed centrifuges
 - ... and many, many more
- You will learn some of these tricks with the attack lab
 - Hopefully convincing you to never leave such holes in your programs!

Outline

- Buffer Overflows
- **Protecting Against Buffer Overflows**
- Return-Oriented Programming
- Protecting Against Return-Oriented Programming

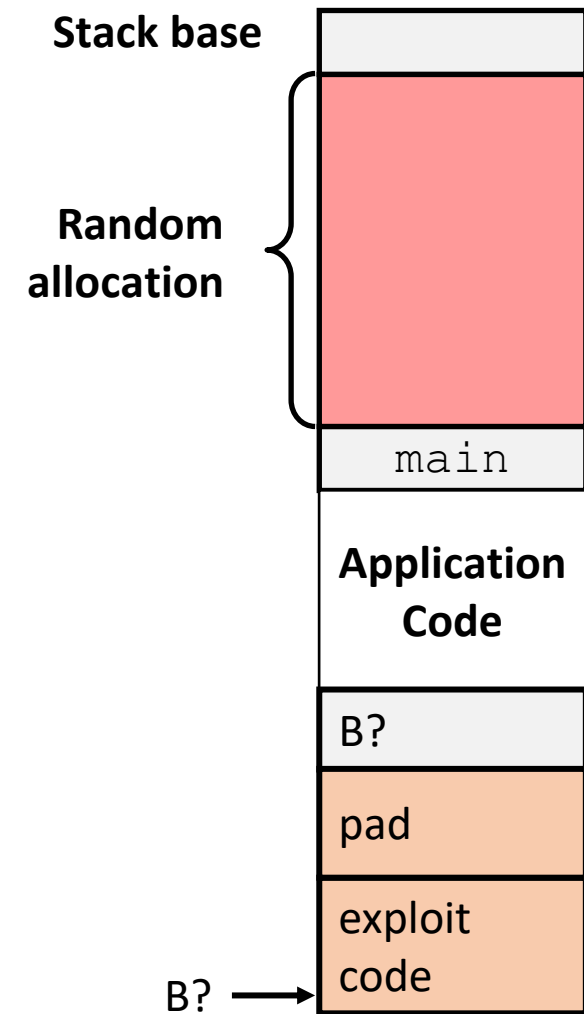
1. Avoiding Buffer Overflow Vulnerability

```
/* Echo Line */
void echo()
{
    char buf[4]; /* Way too small! */
    fgets(buf, 4, stdin); /* length limit! */
    puts(buf);
}
```

- Use safe library routines that limit string lengths
 - **fgets** instead of **gets**
 - **strncpy** instead of **strcpy**
 - Don't use **scanf** with **%s** conversion specification
 - Use **fgets** to read the string
 - Or use format specifier **%ns** where **n** is a suitable integer
- Also: don't write your programs in C, when possible
 - Fundamental design of C is to be fast, not to be secure

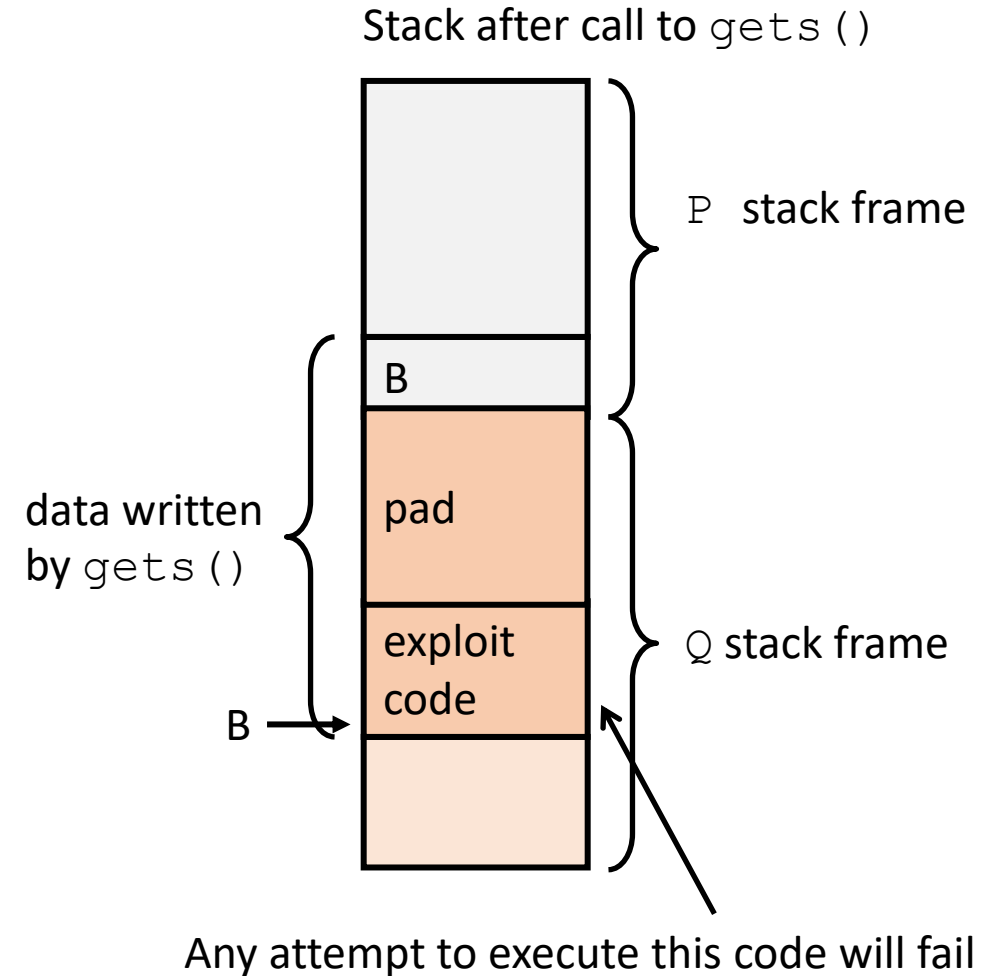
2. System-Level Protection: Randomized Stack

- Buffer overflow attack requires knowing the *absolute* address of the buffer
 - To overwrite return address to that
- At start of program, allocate a random amount of space on stack
 - Different every time the program runs
- Shifts stack addresses for entire program
 - Program still runs fine
 - Legitimate accesses to the stack are *relative* to `%rsp`
- But absolute addresses get randomly shifted
 - Don't know what return address should be!
 - Still not impossible to overcome (NOP sled)



3. System-Level Protection: Explicit Execute Page Permissions

- Non-executable stack
 - On x86-64, can mark a region of memory as “non-executable”
 - Trying to execute something in that region → crash
 - More about page permissions in the virtual memory lecture (later in class)
- OpenBSD goes further: W^X
 - A region of memory can be writeable or executable, but not both (xor!)
 - Causes trouble for JITs



Break + Open Question

- **Why is a buffer overflow in a web browser so bad?**

Break + Open Question

- **Why is a buffer overflow in a web browser so bad?**
 - The buffer overflow will exist in *at least* all instances of the same version of the web browser installed on the same OS and architecture
 - Possibly many other versions too
 - If it can be triggered from a website, then you could run malicious code on computers without any manual effort
 - Any website could be suspect
 - Scale is enormous: Chrome has roughly 3 billion users

Outline

- Buffer Overflows
- Protecting Against Buffer Overflows
- **Return-Oriented Programming**
- Protecting Against Return-Oriented Programming

How else are buffer overflows dangerous?

- Without the ability to write malicious code, our computers are safe, right??
 1. Some computers won't fix it: legacy hardware, forgot, etc.
 2. Buffer overflows are definitely still happening
 - Can we take advantage of that in some way?

Finding a new way to abuse a vulnerability

- Buffer overflows can still write values to the stack
- Even if they can't place malicious code directly on the stack, they can always modify return addresses
- We can use that idea to build an attack from pieces of already existing program code that we reuse for malicious purposes
 - This is one of those ideas that sounds impossible to pull off in the real world
 - But actually, it totally works AND we'll have you do it in Attack Lab!

Return-Oriented Programming (ROP)

- Challenge (for would-be hackers)
 - Stack randomization → predicting buffer location is hard
 - So it's hard to know where to jump and start executing
 - Making stack non-executable → injecting code doesn't work
 - We can inject anything we want, but we can't run it
- Alternative strategy: Don't inject your own code!
 - Use code that's already in the program!
 - It's in a predictable location!
 - Otherwise, don't know where to call/jump
 - It's executable
 - Otherwise, the program wouldn't run at all...

Return-Oriented Programming (ROP)

- But wait, the code I want to run isn't in the program!
 - Unlikely that, e.g., a mail client includes code to, e.g., launch missiles
- Key idea: construct the code you want to run from pieces that you find in the program!
 - We'll call these pieces **gadgets**
- Strategy: find machine code fragments that do *one small step* of the malicious program you want to run, then return
 - Then we'll put these small steps together to get the whole program
 - These return instructions will be the glue that tie them together
- "The program" includes the standard library!
 - Things like `printf`, `scanf`, etc.
 - That's a lot of code! So, lots of gadgets to choose from

Gadget Examples

- Use the end of existing functions

```
long ab_plus_c
(long a, long b, long c){
return a*b + c;
}
```

```
00000000004004d0 <ab_plus_c>:
4004d0: 48 0f af fe    imul %rsi,%rdi
4004d4: 48 8d 04 17    lea (%rdi,%rdx,1),%rax
4004d8: c3             ret
```

↑
Gadget: $\text{rax} \leftarrow \text{rdi} + \text{rdx}$
Address: 0x4004d4

- Repurpose parts of instructions

```
void setval
(unsigned *p) {
*p = 3347663060u;
}
```

```
00000000004004d9 <setval>:
4004d9: c7 07 d4 48 89 c7    movl $0xc78948d4, (%rdi)
4004df: c3             ret
```

↙
Encodes: $\text{movq } \%rax, \%rdi$
Gadget: $\text{rdi} \leftarrow \text{rax}$
Address: 0x4004dc

Combining Gadgets

- Let's say our malicious program is this:

```
%rax = (%rbx * %rcx) + %rdi
```

- And let's say we found the following gadgets in the standard library

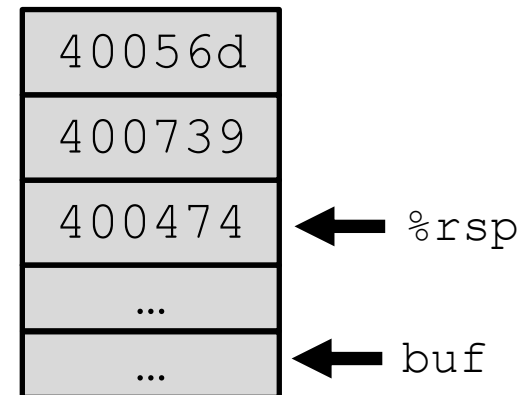
```
0000000000400474 <g1>:
  400474: 48 0f af cb      imul %rbx,%rcx
  400478: c3              retq

000000000040056d <g3>:
  40056d: 48 89 f8        mov %rdi,%rax
  400570: c3              retq

0000000000400739 <g2>:
  400739: 48 01 cf        add %rcx,%rdi
  40073c: c3              retq
```

Given a large enough standard library, can find gadgets that do pretty much anything we want! Plenty of code to pick from.


- Combine gadgets by adding pointers to them to the stack
 - Arrange on the stack by overflowing a buffer, like before



Gadget Execution

- Step 1: we overflowed the buffer, like before
 - We set up the stack with the gadget addresses, as on last slide
 - Now we're about to return from the vulnerable function (`echo`)

```
00000000004006cf <echo>:
...
4006d6: e8 a5 ff ff ff      callq 400680 <gets>
...
4006e7: c3                  retq
```

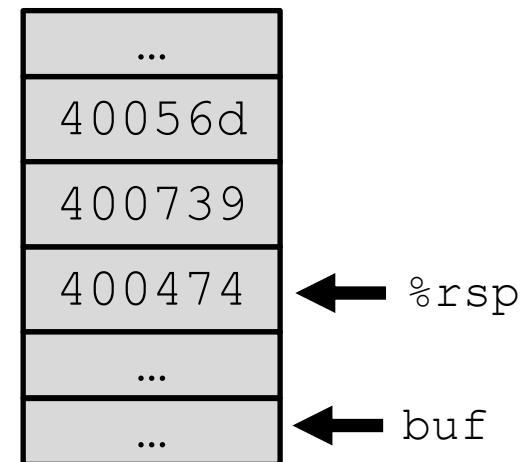


```
0000000000400474 <g1>:
400474: 48 0f af cb        imul %rbx,%rcx
400478: c3                  retq

000000000040056d <g3>:
40056d: 48 89 f8           mov %rdi,%rax
400570: c3                  retq

0000000000400739 <g2>:
400739: 48 01 cf           add %rcx,%rdi
40073c: c3                  retq
```

%rip = 4006e7



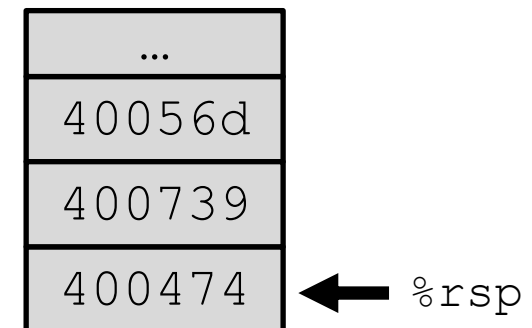
Gadget Execution

- Step 2: return from `echo`
 - Get the return address from `%rsp`
 - Oh, that's the address of the first gadget!

```
00000000004006cf <echo>:  
...  
4006d6: e8 a5 ff ff ff      callq 400680 <gets>  
...  
→ 4006e7: c3                  retq
```

```
0000000000400474 <g1>:  
400474: 48 0f af cb        imul %rbx,%rcx  
400478: c3                  retq  
000000000040056d <g3>:  
40056d: 48 89 f8           mov %rdi,%rax  
400570: c3                  retq  
0000000000400739 <g2>:  
400739: 48 01 cf           add %rcx,%rdi  
40073c: c3                  retq
```

`%rip = 400474`



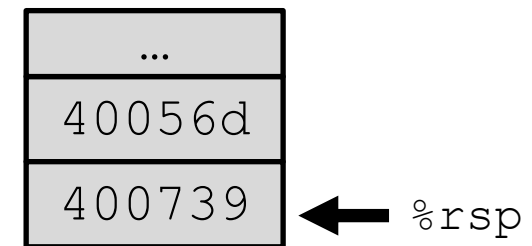
Gadget Execution

- Step 3: run the first gadget
 - **`%rcx = %rbx × %rcx`**

```
00000000004006cf <echo>:
...
4006d6: e8 a5 ff ff ff      callq 400680 <gets>
...
4006e7: c3                  retq
```

```
0000000000400474 <g1>:
→ 400474: 48 0f af cb      imul %rbx,%rcx
400478: c3                  retq
000000000040056d <g3>:
40056d: 48 89 f8          mov %rdi,%rax
400570: c3                  retq
0000000000400739 <g2>:
400739: 48 01 cf          add %rcx,%rdi
40073c: c3                  retq
```

`%rip = 400474`



Gadget Execution

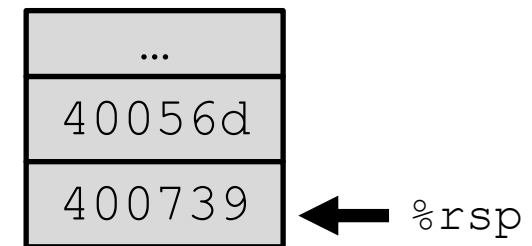
- Step 4: return from the first gadget
 - Get the return address from `%rsp`
 - **QUIZ:** where do we go next?

400739, that's gadget 2!

```
00000000004006cf <echo>:
...
4006d6: e8 a5 ff ff ff      callq 400680 <gets>
...
4006e7: c3                  retq
```

```
0000000000400474 <g1>:
400474: 48 0f af cb        imul %rbx,%rcx
→ 400478: c3                  retq
000000000040056d <g3>:
40056d: 48 89 f8           mov %rdi,%rax
400570: c3                  retq
0000000000400739 <g2>:
400739: 48 01 cf           add %rcx,%rdi
40073c: c3                  retq
```

`%rip = 400478`



Gadget Execution

- Step 5: run the second gadget
 - **`%rdi = (%rbx × %rcx) + %rdi`**

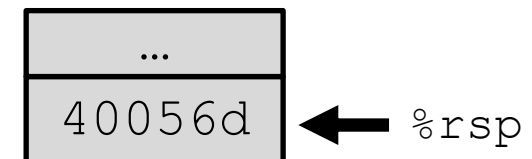
```
00000000004006cf <echo>:
...
4006d6: e8 a5 ff ff ff      callq 400680 <gets>
...
4006e7: c3                  retq
```

```
0000000000400474 <g1>:
400474: 48 0f af cb        imul %rbx,%rcx
400478: c3                  retq
```

```
000000000040056d <g3>:
40056d: 48 89 f8           mov %rdi,%rax
400570: c3                  retq
```

```
0000000000400739 <g2>:
→ 400739: 48 01 cf          add %rcx,%rdi
40073c: c3                  retq
```

`%rip = 400739`



Gadget Execution

- Step 6: return from the second gadget
 - Get the return address from `%rsp`
 - Oh, that's the address of the third gadget!

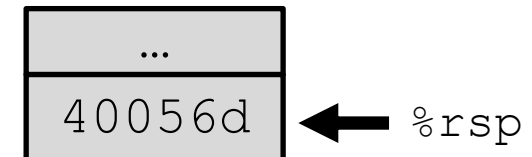
```
00000000004006cf <echo>:
...
4006d6: e8 a5 ff ff ff      callq 400680 <gets>
...
4006e7: c3                  retq
```

```
0000000000400474 <g1>:
400474: 48 0f af cb        imul %rbx,%rcx
400478: c3                  retq
```

```
000000000040056d <g3>:
40056d: 48 89 f8           mov %rdi,%rax
400570: c3                  retq
```

```
0000000000400739 <g2>:
400739: 48 01 cf           add %rcx,%rdi
→ 40073c: c3                  retq
```

`%rip = 40056d`



Gadget Execution

- Step 7: run the third gadget
 - **%rax = (%rbx × %rcx) + %rdi**
 - We've run the program we wanted to run. Our job is done.

```
00000000004006cf <echo>:
...
4006d6: e8 a5 ff ff ff      callq 400680 <gets>
...
4006e7: c3                  retq
```

```
0000000000400474 <g1>:
400474: 48 0f af cb        imul %rbx,%rcx
400478: c3                  retq
```

```
000000000040056d <g3>:
→ 40056d: 48 89 f8          mov %rdi,%rax
400570: c3                  retq
```

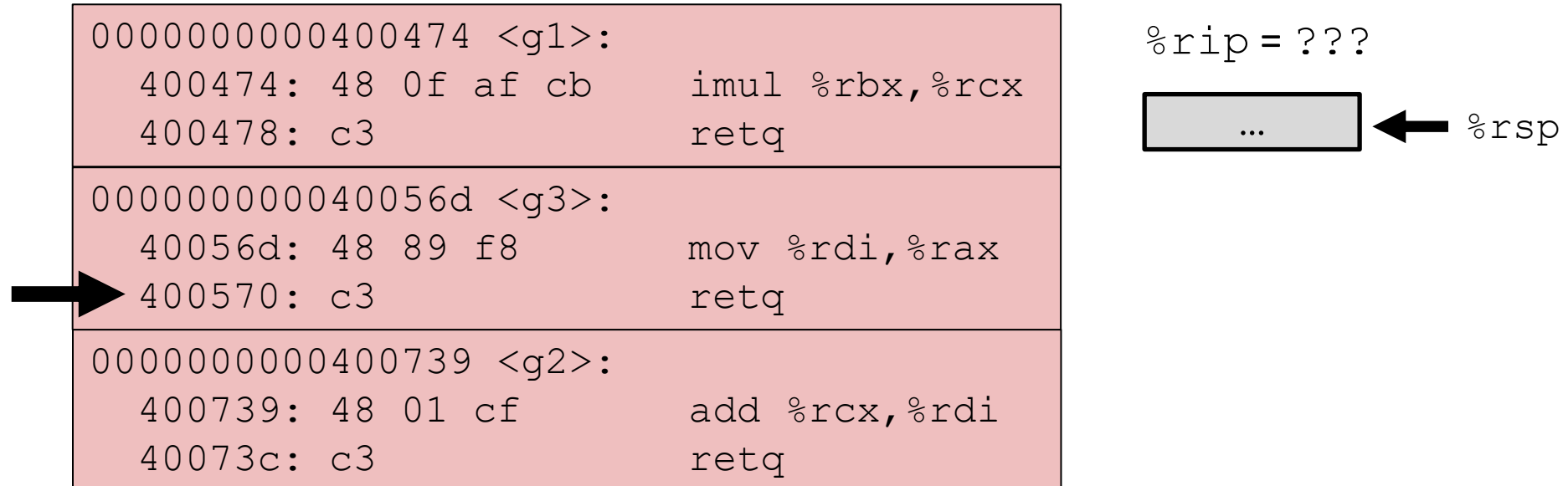
```
0000000000400739 <g2>:
400739: 48 01 cf          add %rcx,%rdi
40073c: c3                  retq
```

%rip = 40056d



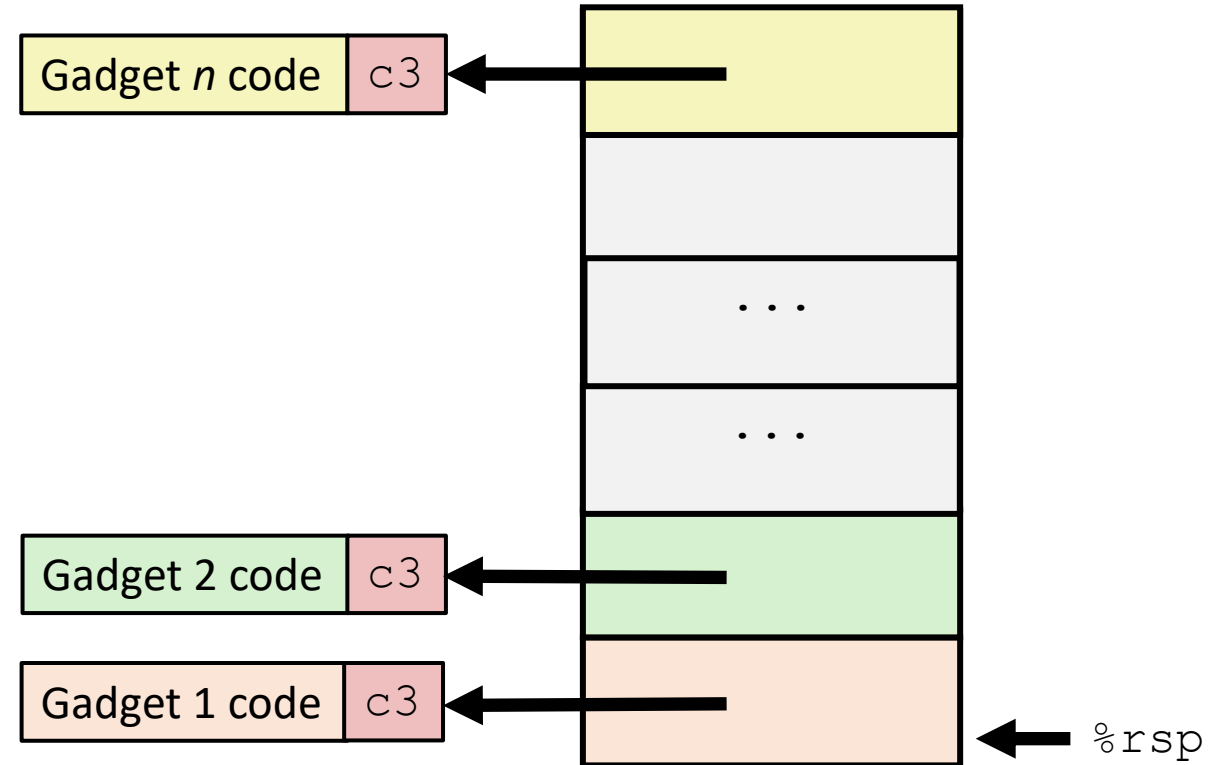
Gadget Execution

- Step 8: Return from the third gadget
 - At this point, return to whatever address we find on the stack.
 - That's past the data we put there ourselves, so it's whatever was there before. Maybe not meant to be an address! Could be anything!
- But we don't care about what the program does anymore!
 - We've run the code we wanted to run, nothing else matters!
 - (Maybe we stole from bank accounts, launched missiles, etc.)



Return-Oriented Programming Execution

- Trigger with `ret` instruction in the current function
- “Returns” to gadget 1, instead of to its caller
- Gadget 1 does its thing, then returns to gadget 2, etc.
 - Repeat as necessary
- Complete! You’ve “run” the “function” you wanted to run!



Outline

- Buffer Overflows
- Protecting Against Buffer Overflows
- Return-Oriented Programming
- **Protecting Against Return-Oriented Programming**

1. Avoiding buffer overflow vulnerabilities

- Write better code please
- Return-oriented programming starts with a buffer overflow
 - To set up gadget addresses on the stack
- No buffer overflow, no return-oriented programming!

2. Stack Canaries

- Idea

- Place special value ("canary") on stack just beyond buffer
- Check for corruption before exiting function
- So we can detect buffer overflows **before** we run malicious code
 - Then just crash the program instead of doing bad things
- Analogy: canary in a coal mine

- GCC Implementation

- **-fstack-protector**
- Now the default for potentially vulnerable functions
 - (disabled in attack lab to show the vulnerability)

```
unix>./bufdemo-sp
Type a string:0123456
0123456
```

```
unix>./bufdemo-sp
Type a string:01234567
*** stack smashing detected ***
```


2. Stack Canaries - Disassembly

echo:

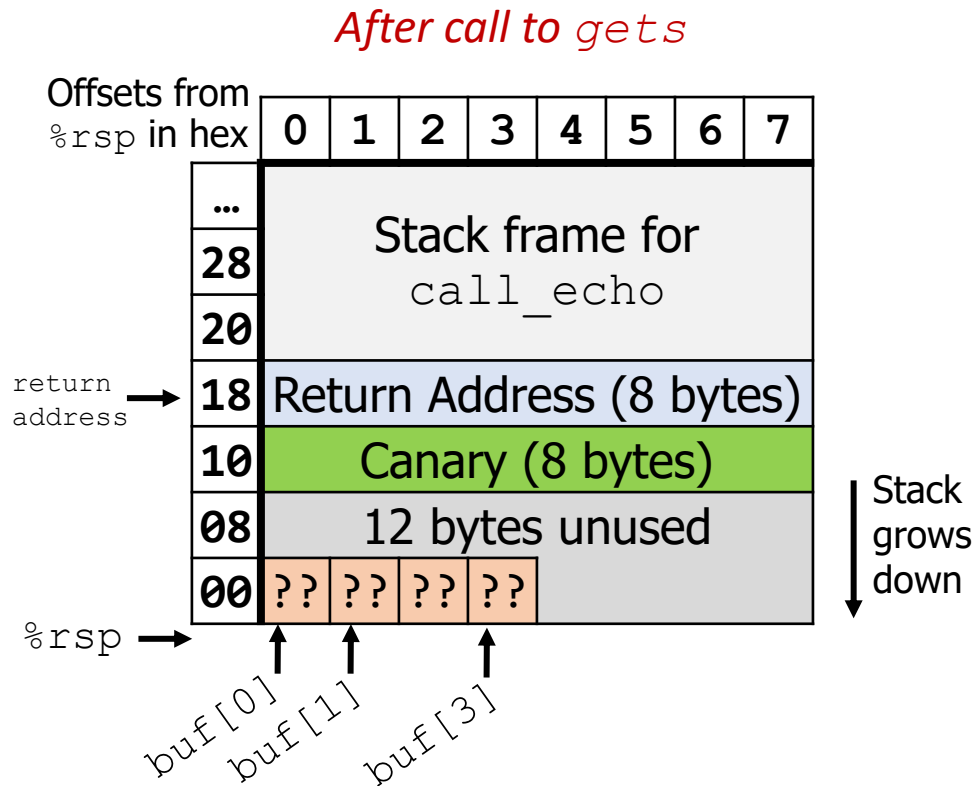
```
40072f:  sub    $0x18,%rsp
400733:  mov    %fs:0x28,%rax
40073c:  mov    %rax,0x8(%rsp)
400741:  xor    %eax,%eax
400743:  mov    %rsp,%rdi
400746:  callq 4006e0 <gets>
40074b:  mov    %rsp,%rdi
40074e:  callq 400570 <puts@plt>
400753:  mov    0x8(%rsp),%rax
400758:  xor    %fs:0x28,%rax
400761:  je     400768 <echo+0x39>
400763:  callq 400580 <__stack_chk_fail@plt>
400768:  add    $0x18,%rsp
40076c:  retq
```

Read value from a special, read-only segment in memory

Store it on the stack at offset 8 from %rsp

Check the canary is fine using xorl (0 if the two values are identical)

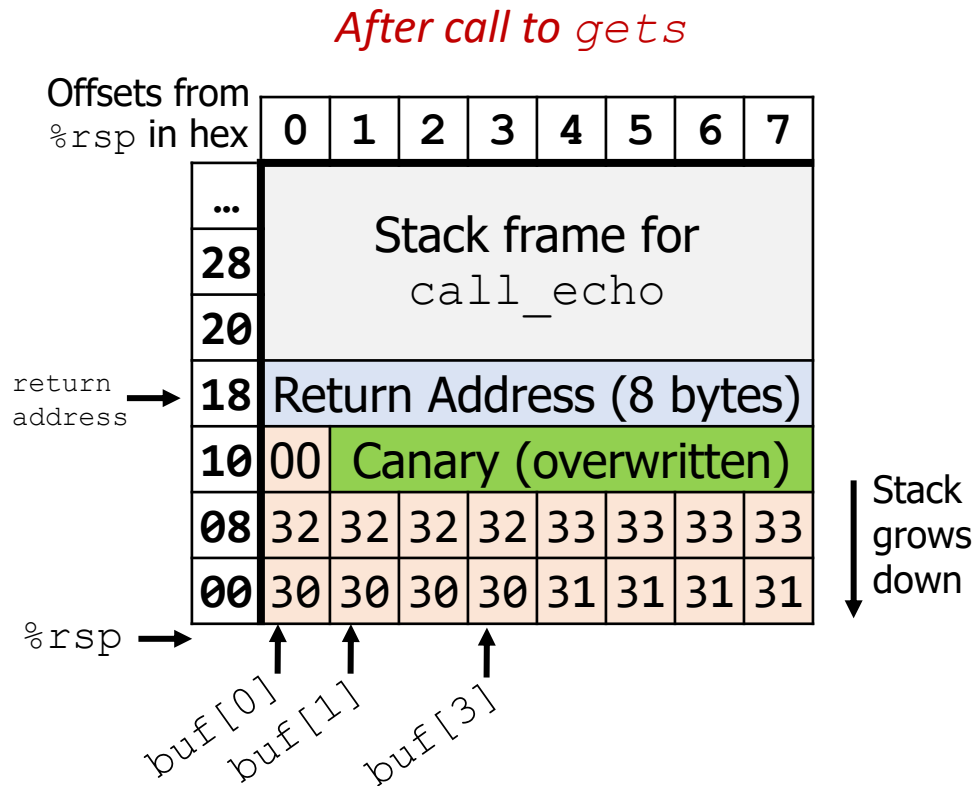
2. Stack Canaries - Setting up canary



```
/* Echo Line */
void echo()
{
    char buf[4]; /* Way too small! */
    gets(buf);
    puts(buf);
}
```

```
echo:
    . . .
    movq    %fs:40, %rax    # Get canary
    movq    %rax, 8(%rsp)  # Place on stack
    xorl    %eax, %eax     # Erase canary
    . . .
```

2. Stack Canaries - Setting up canary



```

/* Echo Line */
void echo()
{
    char buf[4]; /* Way too small! */
    gets(buf);
    puts(buf);
}
  
```

```

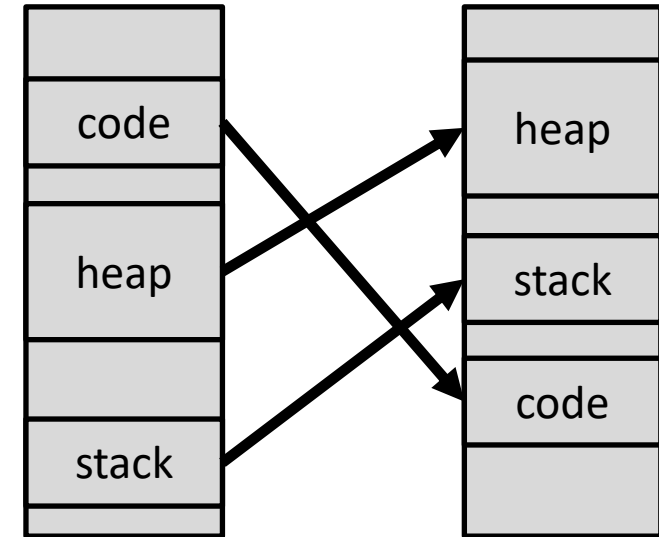
echo:
    . . .
    movq    8(%rsp), %rax    # Retrieve from stack
    xorq    %fs:40, %rax    # Compare to canary
    je     .L6              # If same, OK
    call   __stack_chk_fail # FAIL
.L6:
    . . .
  
```

Input: 000111122223333

Code crashes due to canary mismatch

3. Address space layout randomization (ASLR)

- Like stack randomization, generalized to all of memory
 - ***Especially***: executable code
- Code, stack, heap all start in random locations
 - Determined when program starts up
 - You know the gadget you want is at the end of `ab_plus_c`
 - But if you don't know where `ab_plus_c` ***is***, that's no use!
- Can be circumvented by clever side-channel attacks
 - But really hard! Much harder than ROP



```
???? <ab_plus_c>:  
????: 48 0f af fe  
????: 48 8d 04 17  
????: c3
```

Security is an arms race

- There is no single fix for system security
 - New attacks are constantly being discovered
 - New solutions are constantly being applied
1. Find a vulnerability and how it can be exploited
 2. Fix vulnerability
 3. Go back to 1
- A good goal is to at least avoid all the simple known attacks
 - Designing with security in mind can make vulnerabilities harder to find in the first place

Outline

- Buffer Overflows
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